

# Strathbungo News

## The Strathbungo Society

A Quarterly Newsletter

October, 2014



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## The Bungo Birl

AH

*The Bungo Birl is Back!*

It's time to get out your kilts and start practicing the Gay Gordons. The Bungo Birl, Strathbungo's favourite family ceilidh, is back in November, 2014.

Following last year's riotous first outing for the Bungo Birl, the Strathbungo Society are looking forward to welcoming back partygoers, old and new, to this year's event. Last year, the dance floor saw people from ages two to... much older, all letting loose with their ceilidh moves, so we're

### Bungo Birl

Saturday 22 November 2014

Queen's Park Bowling Club

Tickets: [bungobirl@outlook.com](mailto:bungobirl@outlook.com)

hoping for more of the same this year.

We're lucky enough to have the Cosmic Ceilidh Band playing once more. One of Scotland's most sought after and innovative ceilidh bands, their sets are renowned for having a few surprises alongside the ceilidh classics.

The ceilidh takes place from 6:00pm to 9:00pm this year. Given that it is a family ceilidh, our younger dancers will then have more chance to enjoy the party. The bar will remain open until 11:00pm, though, for anyone who wishes to stay past the ceilidh.

Tickets cost £12 for adults and £6 for children, with under-3s going free. The ticket price includes all dancing and the delights of a buffet with soup, sandwiches and sweet treats on offer.

It would be great to see as many people as possible hit the dance floor, as the success of events such as the Bungo Birl and Bungo in

the Back Lanes is vital to keep the Strathbungo Society going. Not only does the Society make such community get-togethers possible, they also provide a powerful voice for the local residents on issues that affect us all. The Society needs funding to make all this happen, so fun events like the Bungo Birl are important.



photo: TM

## The AGM

TM

*It's that time of year again, so come along and hear about the things that your Society is doing on your behalf. It is also your opportunity to help shape the activities for the coming year.*

Apart from the constitutional business of presentation of reports, submission of accounts and election of officers, we have a broad agenda, set out below. We would welcome any other ideas and topics that you would like to discuss before the final agenda is confirmed. Please e-mail all agenda items for the AGM to [chair@strathbungo.com](mailto:chair@strathbungo.com). It's your Society, so why not help to make it even better than it is now!

Broad agenda for the AGM:

1. Sederunt and apologies
2. Approval of the Minutes of the AGM held on 24th October 2013

3. Adoption of the Trustees' Report and annual audited accounts
4. Election of office bearers: Chair, Vice Chair, Secretary, Treasurer
5. Presentations on: Newsletter/Blog/Facebook; Brighter Bungo, Events, Representation on other Groups
6. Open session/forum: (possible topics)
  - Proposed bus lane changes at Pollokshaws Road/Strathbungo, traffic management and cycle ways
  - Improvement/maintenance of pedestrian bridge at top of Regent Park Square
  - Improvements to rail bridge at Nithsdale Road (Susie's shop)
  - 'Adoption' of raised grass verge at top of Nithsdale Road opposite New Anand Restaurant for community gardening

If you would like to nominate anyone, including yourself, for any of the office

bearer roles, please check out the Blog for information on what the roles involve and nomination slips. Nominations can also be made on the night of the AGM.

Full details of the final agenda for the AGM and nominations for the office bearers will be posted on the Blog and Facebook page and distributed by e-mail.

In addition, there will be an opportunity prior to the meeting to suggest a theme for the 2015 Children and Young People's Art Competition. Also, do you have a bit of history or pictures to share regarding your house or the area? We'd love to hear your stories and see any photographs you have.

### Annual General Meeting

Tuesday 21 October 2014

7:30 to 9:00pm, coffee from 7:00pm

The Bungo-lo, Nithsdale Road

## Brighter Bungo

Annoyed by litter on the pavement and dumping in the back lanes?

Once again, it's time to team up with the city council, don a high-vis vest and grab a litter picker. We'll have the neighbourhood spic and span! Whatever rubbish has been bugging you, now's the time to act.

### Brighter Bungo Clean-up

Sunday 19 October 2014

Nithsdale Road & Moray Place



# Bungo in the Back Lanes 2014

## What A Scorcher!

TM

*Bungo In The Back Lanes – A Summer Sensation*



*Grass protector being laid by volunteers: TM*

With record crowds and activities in five lanes, Strathbungo did itself proud! AND we made our own unique contribution to the Commonwealth Games legacy. Lots of residents, including quite a few children and young people, plus some local businesses, as well as a few charities, set out their wares and all reported doing very well, especially all those who were selling food and drink, with many of the latter selling out in record time!

Families and people of all ages came out to enjoy all that was on offer, as well as the sports, sunshine, music and a very 'chilled' atmosphere.

We are very grateful to Glasgow Sport for bringing along a fantastic range of sporting challenges for our children and young people to enjoy, and Thorncliffe Lane proved to be ideal for this! Elsewhere in the Lanes,

residents responded to the call to add a little something in relation to sport, health or leisure with Tai Chi, Yoga, mini games, croquet and some wonderful games of hammering the nails etc!

This year for the first time, residents of Thorncliffe Lane took part in Bungo In The Back Lanes, either by allowing the space in their lane to be used for Sports or by bringing out stalls themselves on the day. There was enthusiastic support from many

residents of Thorncliffe Gardens, Carswell Gardens and that end of Moray Place for participation on the day and many are keen to organise more for next year!

We look forward to the expansion, like that which has taken place in Vennard Gardens lane - a hive of activity again this year! Another first was a buggy park and many thanks are due to the residents of 3 Marywood Square for this.

The Beer Gardens were busier than ever this year and the crowds were entertained throughout the afternoon by a great music programme. Many thanks to Vince of La Roche Rumba, who is a stalwart of this event! Also, many thanks to Crawford Smith for providing the beer gardens and one of our tea gardens with such a variety of different musical acts. Thanks are also due to the residents who contributed to the event

by allowing their car parking spaces to be used by the performers and the audiences in the beer gardens.

Our Children's Garden was in a new position this year in the very busy Lane One, in the back garden of 67 Nithsdale Road. A big 'thank you' to all the residents in that Close for use of the space for a bouncy castle, children's games, tuck shop, lucky dip stall and face painting.



"It was really busy and I liked selling things with Callum and getting my face painted. I saw lots of my friends too."  
- Katie Goddard (first time on a stall at BITBL's), photo: TM



*Little Botanica Table, photo: TM*

"We had a fantastic experience at Bungo in the Back Lanes! A true sense of community and belonging ran throughout the event and we felt very much part of it. We would very much like to take part again next year."  
- Lisa Gaston, General Manager, Little Botanica (first time at BITBL)

Thanks also to Merry-Go-Round for organising the children's games and drumming workshop and for bringing along a fantastic range of items from their shop. All a big hit with the children and families who visited and a great deal of fun was had!

The Strathbungo Society stalls and tea gardens did extremely well and huge 'thanks' to all the volunteers who ran them, those who donated items or allowed us to use their car parking spaces or gardens and to all of you for supporting them!

Along with record crowds and activities, we had a record number of volunteers, without whom we just could not have run this event. In addition to those who have contributed to their community in this way for a number of



*Trisha Jones on Tombola Stall- photo: TM*

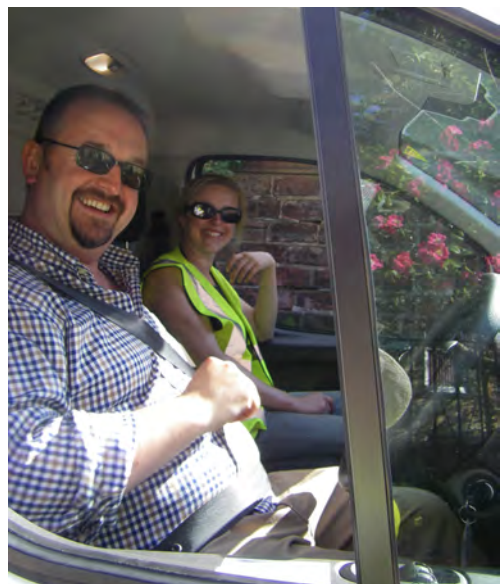
years, we also had volunteers from the area who have not been involved before. Thanks to each and every one of you!

From setting up gazebos, laying grass protector (another first!), stewarding, selling



*'Sold Out' Sign, photo: TM*

raffle tickets, helping to run Society stalls, tea gardens and Children's Garden, as well as taking it all down again, plus all the work in the run up to the event and after it, the success of this year's BITBL's is due entirely to the good will, dedication and talents of so many people in the Strathbungo area who want to give to their community; plus all of you, for coming out and making it all happen! Despite all the hard work, there were lots of smiling faces at the end of the day and new friendships made. See you next year!



*Stephen & Allison, BITBL Organisers, photo: TM*



## Raffle Prize Donations to BITBL's 2014 – Thanks!!

*A HUGE 'Thank You' to all our local businesses for their generous donations to this year's Bungo In The Back Lanes Raffle*

### Local Business Raffle Prize Donations

Home/giftware	Beauty/Hairdressers	Restaurants/Cafes	Pubs/Bistros	Florists/Café	Shops
Marie Brown at Home	Rock'n Roller	Morya Jane's	The Bungo	Floral Haven	Cranston's Butcher
	Victoria Barbers	Panda House	Kelly's	Little Botanica	Locavore
	Hair Garden	Gusto & Relish	Heraghty's		Zuccini
	City Beach	Tapa	The Titwood		Sainsbury's
	Cameron's		Mulberry Street		

If, by some chance, we have missed anyone from the above lists, this was not intentional. Due to the great generosity of so many local businesses on the day, we may have inadvertently omitted to include you. Let us know and we will rectify any omissions. Thank you!



photos: DM

## Have you Heard About the Oxjam Glasgow Takeover?

AF

On Saturday 18th October 2014, Glasgow will be hosting an awesome Oxjam Takeover Festival, with all funds going directly to Oxfam to help lift lives for good across the world.

Oxjam Takeovers are multi-venue festivals that take place in cities all over the UK, each raising vital funds to help Oxfam eradicate poverty here on our doorstep and across the developing world. Since the 2006 Oxjam launch:

- Over 4800 Oxjam events have taken place nationwide
- 55,000+ musicians have performed
- 1,200,000 people have attended an Oxjam event – that makes it bigger than Glastonbury!
- Over £2.3 million has been raised.

One low-cost wristband provides access to four stages showcasing over 30 acts, all for **only £10 a ticket**, with every penny from the day going to Oxfam. To buy your tickets, simply visit [wegottickets.com/oxjam](http://wegottickets.com/oxjam).

### Local Music, Global Impact

Oxjam is all about celebrating everything local. We want young people, families, schools, youth groups, community groups and



photo: MG

### Oxjam Glasgow Takeover

Saturday 18th October 2014

Sauchiehall Street



OxjamGlasgowTakeover



GlasgowOxjam

[info@oxjamglasgow.co.uk](mailto:info@oxjamglasgow.co.uk)

businesses to get involved with raising funds and showcasing their communities. Glasgow has such a strong, eclectic music scene and we want to celebrate this—and the ways in which music brings people together all over the world.

At an Oxjam gig, you're not just catching a few bands and supporting your local music scene, you're making a difference. 84p in every £1 for Oxfam goes directly towards saving lives, improving lifestyles and campaigning for change.

### Fancy Getting Involved?

Fancy getting involved? If so, get in touch through e-mail. We promise to get back to each and every one of you. By joining our volunteer team, you'll get that warm, fuzzy glow from making a difference - and the work is pretty fun too!

We're more than happy to have local businesses involved, too. You can get involved in a number of ways – donate to our raffle or auction prizes (we'll take anything!); volunteer your time—it'd

be a great team bonding exercise!—offer up your venue OR why not go all out and sponsor a stage or event. We're happy to discuss any of your ideas! Anything you can spare will go a long way. If your staff or customers fancy getting involved, we'd love to have them!

You could even put on a wee fundraiser yourself; we'll provide all the support you need.



## Merry-go-round: Our Place in the Community

SM

Merry-go-round Children's Boutique on Nithsdale Road is a shop that retails everything for babies up to children of six. But we're more than just a shop; we're a social enterprise that creates jobs, hosts events, supports local families and builds community. Because everything we retail is pre-loved, we're diverting goods from landfills, benefiting our environment.

Donations to Merry-go-round are a vital part of the process that allows us to do all these things. Once the goods are processed, one of three things happens: they end up in our fabulous shop, they are passed on to our partner agencies and used to support struggling local families, or in some rare cases, they might be recycled if they can't be reused.

You can be proud that your donations support a not-for-profit social enterprise. Every single penny raised goes into providing services for the community. In the two and a half years we've been open, we've provided employment to five previously unemployed people and given training and experience to over 30 volunteers and trainees.

If you've ever visited us, you've probably noticed that we run a lot of community events for parents and parents-to-be. Most of them run in our community space and are free of charge, thanks to your support. You can even pop in for a cuppa and a biscuit, use the baby-changing facilities, or just have a seat and a chat.

Merry-go-round exists to help local families with children. We want you

## Cochiti Kids Programme

KS

Cochiti Kids Music and Movement sessions have been on the go in the Shawlands area for over 15 years. These unique weekly sessions for children (0-5 yrs) and parents, carers, and grandparents creatively combine live singing, puppets, simple circle dancing, and playing percussion instruments in a "band" while accompanied by Kris Shelton on the guitar, saxophone and fiddle. Together children and adults enjoy one hour of imaginatively structured activities, followed by refreshments and an opportunity to make new friends.

Cochiti Kids was developed by Kris, who first began leading the sessions in her living



to save money, make new friends, and be part of our community.

We're so proud of what we do that we've produced this handy infographic that shows how it all fits together. And remember, we're more than just a charity shop: we're part of your

room for friends and their children when her own daughter was three years old. Kris, an American who moved to Strathbungo 26 years ago, explains how the name was inspired by a Pueblo Indian storytelling doll that she first saw in Santa Fe, New Mexico: "While finishing a music and movement session with a Sioux Indian lullaby, several toddlers climbed onto my lap. Suddenly I felt like a Cochiti storytelling doll!"

Cochiti Kids sessions create a relaxed environment for children and adults to learn and have fun together. Children develop musically, verbally, socially, and physically. They learn songs in English, French, and Italian and dance to music from around the world. Even young babies benefit from the

hardware on offer, so be sure to stop in, look around and say "hi."

• We haven't had a chance to try out the **McMillian Chop House** or chat with the management yet. However, there's no

community.

Merry-go-round Glasgow is a registered charity, located at 32-34 Nithsdale Road. Find us on Facebook, follow us on Twitter @MerryGoRoundGla., or visit our website at [www.merrygoroundglasgow.co.uk](http://www.merrygoroundglasgow.co.uk); you can shop online for click and collect!

live music, gentle movement and visual stimulation of puppets, props and older children. And while the newborn is busy taking in new sights and sounds, the adult is learning new things to do at home with baby.

As one parent says, "It was exactly what we were looking for: something we could do together that was interesting and challenging, as well as lots of fun."

### Cochiti Kids Sessions

for under-fives and accompanying adults  
October classes still open;

Call or e-mail for times and dates.

**United Reformed Church Hall**

111 Moss side Road, Shawlands

Kris: [cochitikids@gmail.com](mailto:cochitikids@gmail.com), 07800975426.

## Business Notes

• The family who owns the **Sunshine Grocery** on Pollokshaws Road have given it a lovely facelift. They have a nice selection of food, household goods and

doubt that the long-neglected building is now much easier on the eyes! ! They're getting good reviews online and their existing steak house in the West End is well loved, so why not try them out?





## Welcome, Rum Shack

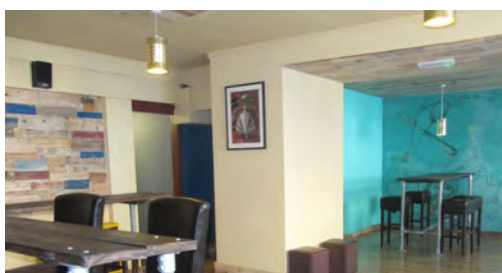
DM

Strathbungo is undeniably a neighbourhood of many pubs. Some are traditional, some are trendy and they all cater to different tastes. Adding to the variety in local watering holes, the Rum Shack has replaced Strathies / The Kind Man on Pollokshaws Road near Allison Street. They've traded a traditional, sports-focused vibe for rum from small producers and music from the West Indies.

The managing partner, Brian Austin, moved to Glasgow from Tobago at 13, and now he's bringing cool rum cocktails and hot jazz, calypso, reggae and more to Glasgow's South Side. Presently there's live music on most weekend evenings, and Muldoon's Ragtime Band is a regularly featured act. The downstairs venue is large and comfy, with a bar, plenty of seating and a dance floor.

The interior is looking great. It has a new, clean design that's multilayered and full of texture and colour. By November, the Rum Shack hopes to have their kitchen open and a menu full of delicious flavours from the West Indies.

Dogs are welcome, so why not come in and hang out for awhile? To find out what's on, stop by and take a look at the chalkboard out front or look them up on Facebook.



## More Summer Heat and a Bit of Controversy!

TM

One of our residents responded to the call for something on a sport, health and leisure theme by offering to give the opportunity to see a demonstration and have a go at pole fitness. When she posted about this on the Society's Facebook page, it generated a storm of misunderstanding and some not so neighbourly comments. Assumptions were made that the pole fitness that would be on offer must necessarily be directly related to the kind of pole dancing that is seen in nightclubs. Nothing could be further from the truth. The kind of pole fitness that our

## Welcome, Salisbury Bar

DM

*The Salisbury bar opened in the spot previously occupied by Cookie earlier this summer. Many neighbourhood residents are already regulars.*

Ten weeks ago, the Salisbury Bar opened in a newly redecorated space on Nithsdale Road.

Named after the Salisbury Quadrant Building - the cool, curved Greek Thompson tenement across the street - the Salisbury is community-focused and casual, with a sophisticated selection of drinks and a simple, appealing menu that focuses on well crafted classics with an occasional twist. (They're looking for feedback on the menu, so don't hesitate to speak up!)

The Salisbury is organising specials nights focusing on local, seasonal and artisan food and drink. They've got a Gin Club and a Whisky Club, too; look for them online or stop by for details. Come here for good food, a well thought-out selection of beer, and bespoke cocktails, many based on syrups created onsite.

The Salisbury opens at noon, serving daily lunches and weekend brunches. They've got a smoker in the basement, so look for fresh smoked fish, smoked cheese, and more. House-roasted single origin coffees are on the to-do list, as well.

The dining room, by local firm Burns Interior Design, is well planned; it's warm and friendly while giving the place a more spacious feel than it's had in the past. They have kept the things that make this former engineer's shop so engaging, while adding a little polish.

The owner, Phil McDonald, was head chef and proprietor at Dine Restaurant in Giffnock, and the Neighbourhood Bar in Finnieston is a more recent project of his. Both Phil and Kevin, the manager, are excited about the location and its history and are looking forward to participating in the Strathbungo community.

See "Then and Now" on the back page for pictures!



neighbour was offering is derived from a long history and tradition dating back over 700 years.

It has been understandable that there are those of you who wish to ensure that children and women are protected from exploitation and abuse and have rightly raised the issue with the Society. We take our responsibilities in this area seriously and are very much in favour of informed debate.

Pole fitness / dancing originates in India and China. In the former, it is known as Mallakhamb: 'malla' means gymnast and 'khamb' means pole, hence literally, 'gymnast's pole'. The Indian form was initially used as a way of training wrestlers

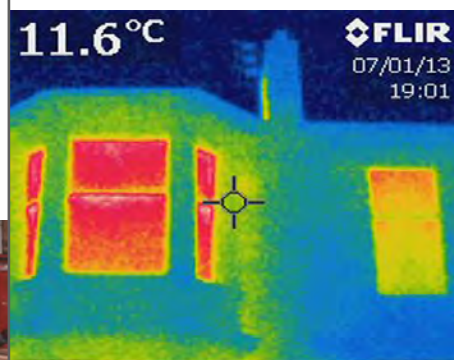
## Free Energy Audits For Strathbungo Residents

LG

South Seeds, a local community run charity, is offering FREE energy audits for residents of Strathbungo, Pollokshields East, Govanhill, Crosshill and Queen's Park. The energy audit takes about 45 minutes and on average we save most residents about £100 off their annual energy bills. The audit looks at behaviour in the home, the fabric of the building, bills incurred and identifies energy saving solutions. We have already conducted a number of audits in Strathbungo, so we have a good knowledge of the type of property and possible energy saving solutions which have brought real benefits to others.

At South Seeds, we have up to date information on LED lighting suitable for rooms with high ceilings to share. We can also explain how polycarbonate secondary glazing can be installed at a fraction of the price of sash and case double glazing. If you want to know more about how electricity is consumed in your home, we can lend you an electricity monitor and calculate if you make any savings.

For more information about South Seeds, visit [www.southseeds.org](http://www.southseeds.org). If you would like an audit call Lisa on 0141 636 3959 or email [info@southseeds.org](mailto:info@southseeds.org) and we can send round one of our energy officer at a time which suits you.



who needed to develop tremendous core strength, balance and agility. Nowadays it is an athletic discipline and sport in its own right with a National Body that regulates all competition.

The Chinese have an even longer tradition of developing acrobatic and gymnastic skill using a pole, for circus acts and other artistic expression. The world famous Cirque Du Soleil fuses elements of the Indian and Chinese traditions in their performances and express the same degree of athletic skill. There was some parallel development in the 19th and 20th Centuries of the performance elements into Burlesque and from this to the form of pole dancing seen in nightclubs.

(continued, back page)



## Bungo at the Bells

Strathbungo's yearly Hogmanay street gathering is a go for 2014/2015. There will be music, beverages, snacks, good company and good cheer converging at the intersection of Moray Place and Queen Square just before midnight. Bring your noise makers—processions will be coming from either direction along Moray Place just beforehand.

## Bungo at the Bells

Wednesday 31<sup>st</sup> December 2014  
Queen Square and Moray Place

## Pole Dancing (continued from previous page)

However, it was not until the 1980's that the expressive dance element was hijacked to this more prurient form. In a very short space of time, traditional pole dancing and pole fitness have become almost exclusively associated with the seedier side of life and the exploitation of women, wiping out centuries of proud tradition and skill.

Pole fitness and dancing develop muscle strength and coordination, dexterity, suppleness, quick reflexes, stamina and grace of movement, like gymnastics and rhythmic

gymnastics. The combination of these skills has enabled those who practice and compete to perform incredible moves on the pole. Like its Indian form, it has local, national and international bodies that regulate conduct, rules and the nature of competition. In the UK, members of these organisations have been working hard to dissociate true pole fitness and dancing from the prurient form and are seeking inclusion of the discipline into the Olympics and other Games. Is this not worthwhile work? Perhaps doing so could eliminate some prejudice and misunderstanding.

# THEN & NOW

Thanks to Phil and Kevin at the Salisbury Bar, and to Mr. Niven and family for the photos.



THEN (1930s)



NOW (2014)



The Strathbungo Society, a registered charity, is a not-for-profit community organisation operated and supported entirely by volunteers. The Strathbungo Society seeks to promote the wellbeing of neighbourhood residents and businesses through community events. We also want to spread appreciation for our lovely old buildings (terraces and tenements, listed and not) and our neighbourhood's rich history.

Every time a newsletter comes out, there's a mad scramble for volunteers to help deliver it to the door of every house and flat in Strathbungo and to the houses across Pollokshaws Road from the conservation area, too. If you enjoy the newsletter and find it useful, then perhaps you could volunteer to help distribute it. Each volunteer is assigned a block.

If you're willing to help distribute the newsletter four times a year, please e-mail [news@strathbungo.co.uk](mailto:news@strathbungo.co.uk) with your phone number and/or e-mail address, and your contact information will be passed on to Andrew Downie, our newsletter distribution coordinator.

For more neighbourhood news, follow [www.bungoblog.com](http://www.bungoblog.com) and our Facebook page

## Southside HOUSING ASSOCIATION

YOUR LOCAL HOUSING PROVIDER

Southside House, 135 Fifty Pitches Road, Glasgow G51 4EB  
tel: 0141 422 1112 fax: 0141 424 3327  
e-mail: [enquiries@southside-ha.co.uk](mailto:enquiries@southside-ha.co.uk)  
web: [www.southside-ha.org](http://www.southside-ha.org)

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Submit articles and  
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# S t r a t h b u n g o N E W S

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