



# Strathbungo News

## *The Strathbungo Society*

A Quarterly Newsletter

December, 2013



**Interviews with Sam and Anna of bakery47 and crafter Rosie Ilett**

Page 2



**The Bungo Birl - pictures**

**More on the Strathbungo Society AGM**

**Then and Now**

Page 3

**Historic Scotland on energy conservation**

Page 4



**Crime prevention tips from our community policing team**

**A new community organisation: Friends of Queens Park**

Page 5



**The New Strathbungo Society's early years**

Back page

## Bungo at the Bells

*Strathbungo's Hogmanay street party is on!*

Bungo at the Bells is a much-loved annual tradition. It's an old-fashioned and family friendly street party. This year, the Downies' at Moray Place and Marywood Square will be the epicentre.

We'll be gathering at the intersection of Nithsdale and Moray Place just before midnight. The procession will head over to Marywood Square with as much fanfare as we can muster. Bring musical instruments and noisemakers!

There will be a few refreshments available and an amplification system for the music. If you normally park in that area, you might want to park elsewhere on the 31st.

You don't need to go to the city centre or Edinburgh to usher in 2014 right. Bungo at the Bells is the best party around.

**Moray Place  
& Marywood Square  
Tuesday, 31 Dec. 2013, 23:50**

## Bungo Birl a Success

*Alison Hunter, Paola Rezzilli and Allison Hussain put a great deal of work into organising an autumn ceilidh for the Strathbungo community, and it was a fun evening for all.*

The evening started with a short walk to the Queen's Park Bowling Club, over in Crosshill. The bowling club is nestled into an odd-shaped piece of land across from the park, and has been in continuous operation since 1867.



*The Cosmic Ceilidh Band at the Bungo Birl*

DM

The present clubhouse dates from the 1920s, and it's a wonderful venue with a good-sized dance floor, plenty of seating and a well stocked and reasonably priced bar.

Every ticket to the event was sold, the raffle prizes were fantastic and the Birl was especially popular with young families. Everyone was entertained by all the dancing toddlers in tartan dresses and kilts. What could be cuter?

The raffle was a huge hit, too. Lots of people participated and the prizes were outstanding. See page 3 for more details.

## Strathbungo Society Annual General Meeting (AGM) Results

*This year's Strathbungo Society AGM featured a review of the past year's events, new ideas for next year, and the appointment of officers:*

<b>Chairperson:</b>	Teresa Mooney
<b>Vice Chair:</b>	Allison Hussain
<b>Secretary:</b>	Alison Hunter
<b>Treasurer:</b>	Bryan Miller

Topics this year included the future of the Mission Hall on Nithsdale Drive, plans for the Commonwealth Games, and the recent spate of break-ins. More on page 3.

## Brighter Bungo

BM

*If the lanes outside are frightful  
They can be made delightful  
In a couple of hours or so  
At the wintertime Brighter Bungo*

Come join us for our next community cleanup on 19th January. We'll be at the corner of

Nithsdale Road and Moray Place between 11:00 a.m. and 1:00 p.m. Glasgow City Council supplies all the equipment, so just bring yourself. Whether you can make it for the whole 2 hours or just a short amount of time, your help will be greatly appreciated.

**Nithsdale Road  
& Moray Place  
Sunday 19th January  
11:00 a.m. to 1:00 p.m.**



# Local Enterprise

## bakery47

DM

Sam and Anna of bakery47 went into business a year ago with one residential oven and door-to-door bread sales. Today, they're baking approximately 130 loaves of bread and almost 600 pastries per week. They hand-deliver three times a week - Wednesday evenings, Saturday mornings and Sunday mornings - to 80 homes and four cafes. It's the most old fashioned and the most modern of business models.

Both Sam and Anna are arts graduates. They have worked as bakers before, but the opportunity to start an independent business came when Sam was in between jobs. He started baking for friends, family and a few neighbours in Cathcart. His top marketing tool was free shortbread, and it was very effective! Word spread quickly and by May, Anna had quit her job so that she could commit all her time to bakery47, too.

Bakery47's bread and other baked goods are beautifully made and absolutely delicious. It's no wonder that they're doing so well that they're thinking about expanding out of their flat and into a larger space. Sam and Anna want to grow their business, but they're not sure they want to become a storefront bakery; they are unwilling to compromise on quality and freshness.

Bakery47 concentrates on locally sourced and seasonal ingredients, but they're more concerned with vision and creativity than with 100% local content. Sometimes they use wild garlic or brambles foraged in Glasgow's Pollok Park. Sometimes they include Italian olive oil or Turkish figs.

Bakery47's bread can be found for sale by loaf and in sandwiches at Locavore and the Glad Cafe. They're also doing pop-ups and an occasional catering job, like the Bungo Birl.



Anna and Sam

photo by Paul Harkin

Sam and Anna are thrilled with the opportunity to work together, independently, creating food that's hand crafted from the preparation to the packaging, with very little waste. It's an enterprise that's working for them as a creative outlet and a business. They're proud of their work, and they're getting a lot of positive feedback. However, they're working very hard, seven days a week and as much as 20 hours a day. As more people discover their baked goods, demand is growing. They're still taking new residential customers, and they hope to be able to take on new commercial customers soon.

*"Our work at bakery47 is about care, attention and detail. It is obsessive, demanding and consuming. It is about personal contact, intimacy and community. It is about the past: remembered traditions, nostalgia, religious routine and humble values. It is about design and aesthetic: the visual, the tactile and the sensual. It is about quality of product made using traditional methods and crafts, the simple pleasure of great food."*

Learn more at [www.bakery47.com](http://www.bakery47.com).

E-mail [hello@bakery47.com](mailto:hello@bakery47.com) to ask to be added to the home delivery mailing list.

## Holiday Notes

- 🍪 **The Glad Cafe** is opening a charity shop. They're looking at a location very near the cafe, and they want to open before Christmas. If you've got anything you could donate - clothing or small items - please e-mail [donations@gladragsglasgow.co.uk](mailto:donations@gladragsglasgow.co.uk)
- 🍪 **Gusto and Relish** is planning a special holiday meal in a sandwich - the Cranwich - and a Burn's Supper for January 30th.
- 🍪 **Buddies Strathbungo** is open! Enjoy Texas style barbecue and Quebec-style poutine without the usual 2,500 mile separation.
- 🍪 **The Allison Arms** has won a Gold Award from Best Bar None. Congrats, Allison Arms!
- 🍪 **Locavore** has Christmas gift hampers full of locally produced food
- 🍪 **Lovestruck Cheesecakes** will have special Christmas flavours, and they're making their space available for holiday gatherings.
- 🍪 **The Bungo** has holiday menus for December and will be serving a set dinner on Hogmanay, with live entertainment in the Bungo-low.
- 🍪 **Cookie** has festive holiday lunch and dinner menus, a special Christmas Eve dinner, and a five course tasting menu for Hogmanay.
- 🍪 **Mulberry Street** is having a Disney-themed New Year's party.
- 🍪 **Dentistry on the Square**, on Niddrie Square, has won "Highly Commended Practice of the Year - South" at the Dentistry Scotland Awards 2013. Congrats!
- 🍪 **Little Botanica** has festive wreaths hand-made to order and Christmas trees with delivery and disposal included.
- 🍪 **Merry-Go-Round** is expecting an visit from Santa Saturday 21st December from 1-3pm.
- 🍪 **Panda House and Shimla Pinks** are serving holiday meals on Christmas and New Year's Day. **New Anand** is open on Christmas but not New Year's. Call or stop in for details and to book.
- 🍪 **Rock and Rollers** is having a Christmas raffle.
- 🍪 There's something new in the works at **Grianach's** old location.

## An Interview With Rosie Ilett

*Rosie grew up three miles from Heathrow Airport and has lived in Moray Place since 1996. She works in the NHS and is also an academic. She is married to commentator and academic Gerry Hassan and they live with their 14 year-old ginger tom, Jasper.*

**DM ►** How, when and why did you get started making and selling crafts and vintage children's books?

**RI ►** I have been making things since I was very young, inspired by a crafty mother and grandmothers - one of whom was an amateur milliner and made frothy chiffon creations in the

1960s and one whom still crocheted and knitted blankets for 'old folks' up until her death in her 90s. I started doing cross-stitch at school, and then designed and knitted dolls clothes and jumpers for my brother's Action Man - probably before I was 10. From about 13, I started making and knitting a lot of my clothes, and from my late teens/early 20s have always made and sold things I have made as a side-line and antidote to my main job - I've done everything from making earrings and knitting jumpers and making greeting cards from vintage ephemera, to doing tapestry and making rag rugs and have had stalls at craft events, vintage fairs and car boots from the 1970s. (cont. next page)





I used to sell in various niche shops from Oban to Hay on Wye but do that less now, as I don't have the time. I have always been interested in vintage and retro and started collecting 1950s china and clothes about 35 years ago, most of which I have since sold, and I now collect, and sometimes sell, everything from vintage children's books to Poole Pottery and Sylvac.

**DM ►** What are some of the rewards?

**RI ►** In another life, I would have done this full time - ideally would have been a textile designer - and I still might so crafts more for a living in the future. I have always got a lot of enjoyment out of making new objects and items from bits and pieces wool, old rags, buttons or bits of old maps. It is a different part of your mind that you use, and I love the creativity of thinking about something and then

making it. I am quite a practical person, as well as being in quite a cerebral world a lot in my working life, and I like the act of physically engaging with materials and using a modicum of skill. It is also fun to meet and work with other people, to share ideas and to engage with how other people express themselves.

**DM ►** Can people find your work online or at craft fairs?

**RI ►** I don't really sell online now and do some craft fairs now and again, but prefer to do local events in Glasgow and to have the occasional house sale. I still sell in a couple of shops in the UK, and am always happy to do a commission or to discuss anything anyone might be interested in.

Rosie has hand crafted holiday gifts on offer and can be reached at [rosieilett@hotmail.com](mailto:rosieilett@hotmail.com) or by phone.

## More on the AGM

This annual general meeting was straightforward and events-focused. We reviewed the Society's 2012-2013 events and talked about what to do in the new year. The non-elected officers and lead events organisers had a chance to discuss what they'd been up to, as well. Many thanks to everyone who keeps the Strathbungo Society going.

## Non-Elected Officers

**Brighter Bungo Organiser** – Bryan Miller

**Newsletter Distribution Officer** – Andrew Downie

**Newsletter Editor & Bungoblog Manager** – Dee Miller

**Pollokshields Area Partnership Representatives** – Kevin Kane & Nick Kempe

**PR Group** – Niall Walker & Alison Hunter

## Lead Event Organisers

**BITBL** – Stephen Rees, Alison Hunter, Allison Hussain, Alison Hunter & Teresa Mooney

**Bungo At the Bells** – Andrew Downie, Teresa Mooney

**Bungo Birl** – Alison Hunter, Allison Hussain & Paola Rezilli

**Spring Fling Art Competition** – Teresa Mooney

Thanks also to the neighbourhood residents who help store the Strathbungo Society materials and equipment.

## More on the Birl

Thanks to bakery47 and Babu's Bombay Kitchen for the lovely food. Thanks to the volunteers who helped out at the event. Thanks to everyone who attended. Finally, thanks to everyone who donated to the raffle, including:

- Cookie

- The Bungo
- The Glad Cafe
- bakery47
- Merry-Go-Round
- Babu's Bombay Kitchen
- John Diver's Hairdressing
- Charlotte Muir
- Southseeds

The event raised the funds needed to pay for free food and drinks for Bungo at the Bells. If you have any feedback on the Birl, please feel free to write to us or to post on the Strathbungo Society Facebook page or on Bungo Blog.



## THEN AND NOW



**THEN (Early 20th Century)**  
Strathbungo Station Booking Office



Photo: DM, 2013

**NOW (2013)**  
Susie's Convenience Store

### Did You Know?

- Strathbungo Station was open from 1877 until 1962
- The trains came from Crossmyloof and proceeded to now-defunct stations at the Gorbals and Eglinton Street.
- Nobody can agree on who owns the remaining footbridge

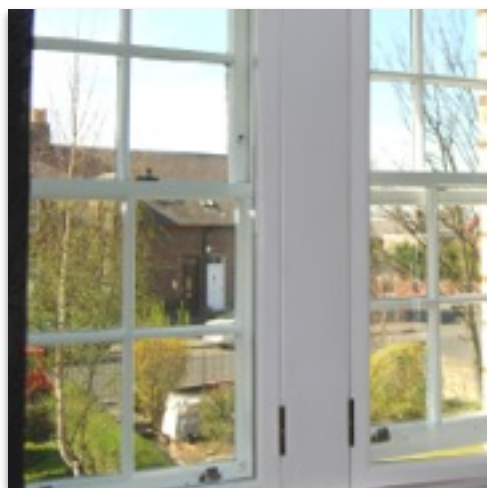
# Energy Efficiency in Traditionally Constructed Buildings

*MJ, Senior Technical Officer at historic Scotland. Based on a presentation given at the Glasgow Civic Forum.*

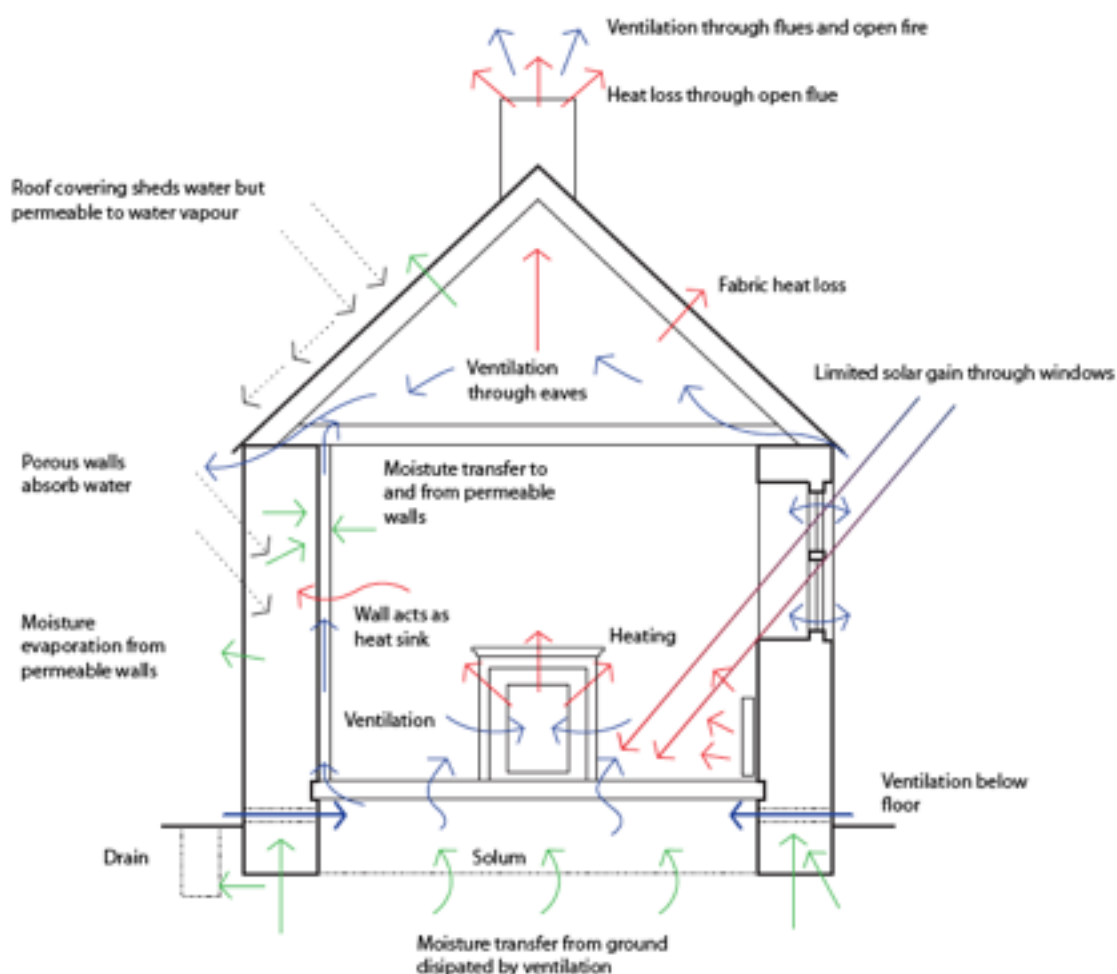
Despite the commonly held view that older buildings are “hard to treat” when it comes to improving energy efficiency, there are a wide range of measures which can be used to reduce heat loss from the fabric of such buildings. This can include work to floors, walls, windows and at roof level.

It is important before considering methods and materials to reduce heat loss to remember that traditional buildings work in a different way to those of modern construction. High levels of ventilation were provided to ensure the health of the building fabric and its occupants. Whilst draughts can be reduced ventilation should never be completely removed. Moisture can also move through the fabric of traditional buildings as the materials used were generally permeable to moisture. Any measures taken to reduce heat loss should ensure that moisture is not trapped in the building fabric by using impermeable insulation materials.

Often the easiest and most cost effective place to start insulating older buildings is at roof level particularly if a flat loft space allows a quilt based material such as sheep’s wool to be rolled out. If a building is of a type which has an inhabited room in the roof space it is possible to insulate the sloping section by using a board based insulation



*Fig. 2 Secondary glazing can be an effective way of reducing heat loss from single glazed windows*



*Fig 1 Understanding air and moisture movement in traditional buildings is vital in any energy efficiency improvement work.*

such as wood fibre board. Care should be taken to ensure a gap is left between the insulation board and the roof covering to allow air to continue to ventilate the sarking boards on which slates are laid.

Existing fixtures such as shutters and curtains can be used to significantly reduce heat loss through windows. Draught proofing can reduce cold air coming in around the frame of windows and secondary glazing can also be used to give a significant reduction in heat loss.

Insulating the walls of traditional buildings is something which will require careful planning. A material which is permeable to moisture should be used to minimise the risk of moisture levels increasing within the building fabric. If a wall lining such as lath and plaster is in place it can be possible to blow an insulation material such as bonded bead into the gap between this and the wall. There will be a requirement to look at electrical wiring regimes and ventilation levels in roof spaces if this is taking place. If

wall lining have been lost a board based material can be installed in place of dry lining.

Where there is access underneath a floor it may be possible to use a board based insulation material held in place with timber runners to reduce heat loss. Draughts and heat loss from disused chimneys can be reduced by using a chimney balloon or vented board but should never be completely sealed.

This short article was a very brief introduction to energy efficiency improvements in older buildings. A correct understanding of the way such buildings work in terms of ventilation and moisture is crucial to the success of energy improvements and using methods and materials which work with rather than against these characteristics is crucial to the long term health of the building. Further information can be found at:

[http://www.historic-scotland.gov.uk/fabric\\_improvements.pdf](http://www.historic-scotland.gov.uk/fabric_improvements.pdf)



# Community and Safety

## Garden Security

*Tips from our local community policing team at Gorbals police office. Reprinted with permission.*

As the summer comes to an end and expensive gardening tools, cycles, motorbikes & other items are put away for the winter, it's an ideal time to think about your garden security. Here are a few steps for you to consider now and all year round.

### Secure Storage

Put away all tools and equipment in a locked garden shed, garage or outside store. If you do not have a shed, etc., store items inside. DO NOT leave them lying about.

### Doors

Fit a good quality hasp and padlock to the door. The hasp and the door hinges should be fixed with dome headed bolts or non-returnable screws, to prevent tampering.

### Windows

Fit window grills internally or use heavy wire mesh. Reinforced glass is a good alternative. Fit a net curtain or sticky opaque film on the windows to stop persons seeing what is inside the shed. If the window opens, a window lock should be fitted.

### Security

In addition to a lock, you may wish to consider fitting an alarm on your shed. There are three types of alarm system that can be used and can be purchased from most DIY stores and ironmongers:

1. An infra-red detector in the shed that picks up on movement and body heat.
2. A door contact system.
3. An alarm within the padlock itself, which sounds if the lock is forced open or tampered with.

If you have a burglar alarm, why not extend it to cover the shed, garage and other outbuildings? Install outside security lighting that comes on automatically.

Keep walls and fences surrounding your garden in a good state of repair. Hedges and shrubs in the front garden should be kept to a height of no more than 3 feet in order to avoid giving a thief something to hide behind.

### Garden Furniture

Ensure that garden furniture is put away; remember furniture can be used by a thief as a climbing aid to gain entry to your home. If possible, try to secure or chain your bins so they cannot be used to get access to window hoppers.

### Gardening Tools

Never leave gardening tools lying about the garden. Put them in a locked shed at the end of the day. Remember they could be used by a thief to break into your house. Linking garden tools within the shed with a chain can also help reduce the chance of them being stolen or used to break in. Remember, garden tools such as forks, spades and rakes are valuable.

### Property Marking

Security postcode your garden furniture and ornaments. This can be done by marking the items with paint, engraving, or adding a security mark with an ultraviolet pen.

Note a detailed description of garden furniture and tools etc including the make, model, serial numbers, colours & value of items such as lawnmowers, strimmers, and hedge cutters. If possible add a photograph.

### Landscaping

Gravel paths and drives are a fantastic way of cheaply and unobtrusively discouraging a

thief from entering your garden. Gravel makes a loud noise when stepped on which carries well at night and may wake the home owners, neighbours or a dog. This is instantly off-putting to a thief.

Another way to protect your home is to plant prickly hedging around the perimeter of your garden. Pyracantha and several types of Berberis all provide spiky hedging and good cover in your garden. Your local garden centre will give appropriate advice.

*If you need to contact the community officers and it is not urgent then use their email address:*  
**SouthsideCentralCPT@Scotland.pnn.police.uk**

*For more info & advice visit:*  
**www.scotland.police.uk**

*On Twitter, follow:* @GorbalsPolice

*For emergencies:* dial 999

*To report a crime (non-emergency):* dial 101

## Police Update

Officers drawn from local community policing teams, Criminal Investigation Department and Community Investigation Unit have been pulled together to form two teams which have tackled the issues of housebreaking and other acquisitive crimes within this local area.

The teams have seen significant positive results in their first four weeks including 56 detections for breaking into houses and attempts to break into houses as well as theft, fraud and robbery. 24 people were also reported for crimes including drugs and anti-social behaviour.

- Angela Carty, Inspector, GE Communities Unit

## Friends of Queen's Park

VMcG

*Queen's Park is one of the oldest parks in Glasgow, having been designed by Paxton in 1857 and named in memory of Mary Queen of Scots and the Battle of Langside. The park has great views over the City of Glasgow and right up to The Trossachs on a good day.*

If you are interested in supporting Friends of Queen's Park, you can join us on Facebook:

**www.facebook.com/groups/136691903009408/**  
contact us by e-mail at:

**FQOP@friendsofqueensparkglasgow.org.uk**

or come along to the meetings, which are held at 7:00 p.m. on the third Tuesday of each month at Langside Hall.

The Friends group was set up late 2012 with the aim of improving the standard of Queen's Park for the benefit of the wider community. Various issues were identified that the group felt need attention, including maintenance within the park and the need to acquire City Park status such as is enjoyed by The Botanics, Bellahouston and Kelvingrove. Queen's Park is currently classified as a Regional Park, which has resulted in a reduced budget.

The group recently had a leaf raking and tidy up event within the park where group members joined the LES team to clean up leaf litter on the main driveway from the Victoria Road entrance. The resulting mountain of leaf litter was then transported up to the QP Allotments where it will be composted for use on the plots.



## Kay and Joe Flit, leaving a Legacy of Bungo Events

*Kay Caldwell and her husband Joe McGinley have now officially decamped for a new life in Devon and will be missed by many friends in Strathbungo. Many other people will go out for Bungo at the Bells or set up a stall next summer at Bungo in the Back Lanes without knowing how much these signature Bungo events owe to Kay and a small group of activists who re-formed the Strathbungo Society in 1994.*

'Was it that long ago?' Kay wondered, but the



Bungo archive bears witness to those early years of gala days, ceilidhs and coffee mornings. 'The problem was, we had no place to meet. As a residential neighbourhood, the only asset we had were the streets and lanes, so we had to create our own space.'

That started on Hogmanay 1998 with the first Bungo at the Bells. 'We had no idea whether anybody would turn out, but when I heard children banging pots and pans I thought, "it's working!"'. Indeed over 200 people came

out that Hogmanay and 15 years on, our street party is known far beyond Strathbungo.

Bungo in the Back Lanes was launched in 2000, again without knowing what would happen. 'Our strapline was "Make all the lanes a stage" and at least this time we knew we would have a band and a beer tent. It was such a relief to see how the community bought into the concept.'

Coming from an events background, Kay's ambition was to create a year-round programme, innovating and adding new events to the repertoire. It was no small help to have a husband who is a professional musician and could be press-ganged into providing the soundtrack. Her favourite year

was 2003-2004, when the calendar also included a Halloween Ghost Walk and Get off Your Artz, a festival of live music, poetry and drama.

'Those were heady days, but I'm happy that the Bells and Back Lanes events are still going strong. And it's great to see how Strathbungo has attracted new people with fresh ideas and energy. That's the sign of a healthy, vibrant community.'

Of course, as Kay and Joe settle in to their new home she's already wondering what the good folk of North Tawton get up to on Hogmanay...



left to right, Ian Stark, Liz Macdonald, Sharon Schweps, Kevin Kane (then chairman), Jean McKenzie, Joanna Murphy, Joe McGinley, Kay Caldwell, Trisha Jones.



*The Strathbungo Society is a not-for-profit community organisation operated and supported entirely by volunteers. The Strathbungo Society seeks to promote the wellbeing of neighbourhood residents and businesses through community events and projects. We also want to spread appreciation for our lovely old buildings (terraces and tenements, listed and not) and our neighbourhood's rich history.*

Every time a newsletter comes out, there's a mad scramble for volunteers to help deliver it to the door of every house and flat in Strathbungo and to the houses across Pollokshaws Road from the conservation area, too. If you enjoy the newsletter and find it useful, then perhaps you could volunteer to help distribute it. Each volunteer is assigned a block.

If you're willing to help distribute the newsletter four times a year, please e-mail [news@strathbungo.co.uk](mailto:news@strathbungo.co.uk) with your phone number and/or e-mail address, and your contact information will be passed on to Andrew Downie, our newsletter distribution coordinator.

For more neighbourhood news, follow [www.bungoblog.com](http://www.bungoblog.com)

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